

Bright Babies – Fall

Welcome Song: (Tune: Twinkle, Twinkle)

Welcome, welcome everyone,
Now you're here, let's have some fun.
First we'll clap our hands just so,
Then we'll bend and touch our toes.
Welcome, welcome everyone,
Now you're here let's have some fun!

Wave!
Clap hands.
Touch toes.
Wave again!

Name Song: (Tune: Mary Had a Little Lamb)

(Child's name) has their (color) shirt on,
(Color) shirt on, (color) shirt on,
(Child's name) has their (color) shirt on,
We welcome, (Child's name), today.

Clap!

Alphabet Song

Arm Exercise:

Lift, lift your arms
Lift your arms together
Lift, lift your arms
Lift your arms together

Lift Arms

Exercises:

Arms up 1-2-3!
Arms out 1-2-3!
Arms together 1-2-3!
Arms down 1-2-3!

Legs up 1-2-3!
Legs out 1-2-3!
Legs together 1-2-3!
Legs down 1-2-3!

Leg Exercise:

One leg goes up, One leg goes down.
One leg goes up and down.
Two legs go up, Two legs go down.
Two legs go up and down.

Lift Legs

Book:

Song: Itsy Bitsy Spider (Teeny Tiny, Great Big)

Bounce: Five Little Pumpkins

Five little pumpkins sitting on a gate, First one said "Oh my, it's getting late!"
Second one said "There are witches in the air,"
Third one said "but we don't care!"
Fourth one said "Let's run and run and run."
Fifth one said "I'm ready for some fun!"
Ooo ooo went the wind, and out went the lights,
And five little pumpkins rolled out of sight.

Bounce

Roll arms, clap

Clap: I'm a Little Pumpkin (Tune: "I'm a Little Teapot")

I'm a little pumpkin, orange and round. Here is my stem, I grew in the ground.
When I get all cut up, Don't you shout! Just open me up and scoop me out!

Clap

Bright Babies – Fall

Tickle: Way Up High in the Apple Tree

Way up high in the apple tree, Two red apples looked down at me.
I shook that tree as hard as I could
And down fell the apples
Mmmm, were they good!

Hold arms up high
Shake
Touch the ground
Tickle belly

Fingerplay: Apple Roll

Five little apples in the bowl. One fell out and started to roll
It bumped the table and hit my feet. How many apples left to eat?
Repeat with four, three, two, one

Hold up fingers, Roll arms
Clap

Book:

Song: Leaves are Falling (Tune: Jingle Bells)

Leaves are falling, Leaves are falling, One fell on my nose
Leaves are falling, Leaves are falling, One fell on my toes
Leaves are falling, Leaves are falling, One fell on my head
Leaves are falling, Leaves are falling, Yellow, orange, and red.

Point to nose
Point to toes
Point to head

Bounce: Autumn Leaves

Autumn winds before to blow
Colored leaves fall fast and slow
Twirling, whirling, all around
Till at last, they touch the ground.

Bounce, Blow
Bounce Fast then Slow
Lean around
Touch Ground

Fingerplay: Squirrels

This little squirrel said, "I want to play."
This little squirrel said, "Let's find nuts today."
This little squirrel said, "Yes, nuts are good."
This little squirrel said, "They're my favorite food."
This little squirrel said, "Let's climb this tree
And crack our nuts--one, two, three."

Point to each finger in turn.

Run fingers up arm
Clap hands three times.

Clap: Scarecrow, Scarecrow (Tune: Teddy Bear, Teddy Bear)

Scarecrow, Scarecrow, turn around
Scarecrow, Scarecrow, touch the ground
Scarecrow, Scarecrow, reach up high
Scarecrow, Scarecrow, touch the sky
Scarecrow, Scarecrow, bend down low
Scarecrow, Scarecrow, touch your toes

Clap, turn around
Clap, touch the ground
Clap, arms up
Clap
Clap, bend low
Clap, touch toes

Book:

Musical Movement: Freeze Game

Song: Twinkle, Twinkle (second time sing with just ba's)

Goodbye Song: (Tune: London Bridge)

Goodbye, goodbye, see you soon,
See you soon, see you soon.
Goodbye, goodbye, see you soon,
On another day.

Wave!